The Tenth Biennial Joyce Niblack Patient-Physician MPN Conference

Moderator
John Camoriano MD
Historical Perspectives

• Harriet Gilbert MD held the 1st conference in ~1999 in San Diego combining patients and MPN mavens.

• Joyce and Bob Niblack worked with Mayo Clinic in Arizona to do the second conference in September 2001.

• A mere 2 weeks after 9-11 we had a full house including Harriet Gilbert and Richard Silver both flying in from NY with dust on their clothes from the World Trade Center
Developments During Those Years

- Discovery of JAK2 mutation
- Discovery of additional mutations.
- Research and approval of Ruxolitinib
- Emergence of Pegylated Interferon
- Definition of Disease burden of the MPNs
- Explosion of therapeutic trials of many agents.
- Marriage of Medicine and Social Media to foster education and research for MPNs.
- Proliferation of other similar patient-physician meetings across the country
Joyce Niblack

• Passed away from complications of lymphoma on Valentines Day 2009 (her husbands birthday)

• Hard to believe that since then we have had more conferences without her than we did with her. Her legacy lives on.

• Many more have joined us in the fight to defeat these illnesses even as others have joined Joyce.
Bob suddenly realized his wife had fallen off her horse, which was quite a relief to him as just an hour earlier he thought he'd gone deaf.
Our Goal: No “Alternative” Facts
All Medical Issues Begin at the Beginning... Birth

Top 10 Pregnancy Questions and Answers (Q&A)
Pregnancy Q&A #1

• Q: Should I have a baby after 35?
Pregnancy Q&A #1

• Q: Should I have a baby after 35?

• A: No. 35 is enough.
Pregnacy Q&A #2

• Q2 I am two months pregnant. When will my baby move?
Pregnancy Q&A #2

• Q2 I am two months pregnant. When will my baby move?

• A: With any luck by the time he goes to college.
Pregnancy Q&A

• Q: What is the most reliable way to determine a baby’s sex?
Pregnancy Q&A #3

• Q: What is the most reliable way to determine a baby’s sex?

• A: Childbirth
• Q My wife is 5 months pregnant and so moody she is sometimes borderline irrational.
Pregnancy Q&A #4

• My wife is 5 months pregnant and so moody she is sometimes borderline irrational.
Pregnancy Q&A # 4

My wife is 5 months pregnant and so moody she is sometimes borderline irrational.

A: So what is your question?
Pregnancy Q&A # 5

• Q: My childbirth instructor says that during labor it is sometimes not pain I will feel but pressure. Is she right?
Pregnancy Q&A #5

• Q: My childbirth instructor says that during labor it is sometimes not pain I will feel but pressure. Is she right?

• A: Yes. In the same way that a tornado might be called an air current.
Q: When is the best time to get an epidural?
Pregnancy Q&A #6

• Q: When is the best time to get an epidural?

• A: Right after you find out you are pregnant.
Pregnancy Q&A #7

• Q: Is there any reason that I have to be in the delivery room during my wife’s labor?
Pregnancy Q&A #7

• Q: Is there any reason that I have to be in the delivery room during my wife’s labor?
• A: Not unless the word “Alimony” means anything to you.
Pregnancy Q&A #8

• Q: Is there anything I should avoid while recovering from child birth?
Pregnancy Q&A #8

• Q: Is there anything I should avoid while recovering from child birth?
• A: Yes. Pregnancy.
Pregnancy Q&A #9

• Q: Do I have to have a baby shower?
Pregnancy Q&A #9

• Q: Do I have to have a baby shower?
• A: Not if you change the diaper very quickly
Pregnancy Q&A #10

• Q: Our baby was born last week. When will my wife feel and act normal again?
Pregnancy Q&A #10

• Q: Our baby was born last week. When will my wife feel and act normal again?
• A: When the kids are in college.