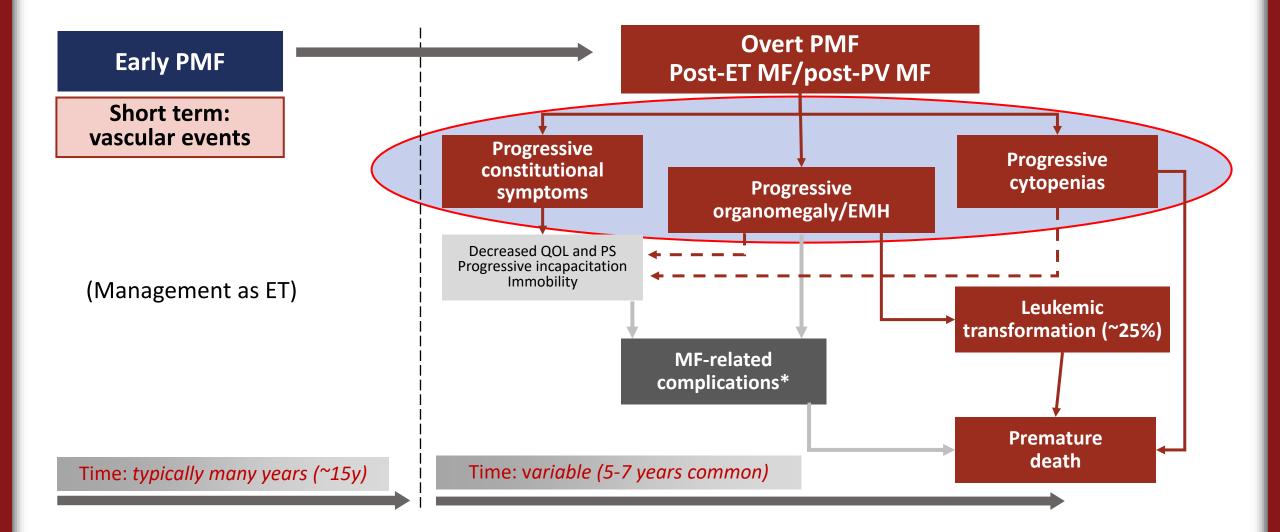


MDAnderson Cancer Center **Management of Myelofibrosis** 

Srdan Verstovsek, M.D., Ph.D. Professor of Medicine, Department of Leukemia University of Texas, MD Anderson Cancer Center Houston, Texas, USA

Making Cancer History®

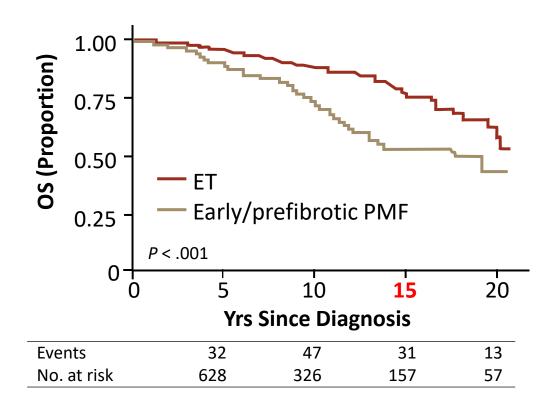
## Myelofibrosis: Disease Course and Complications

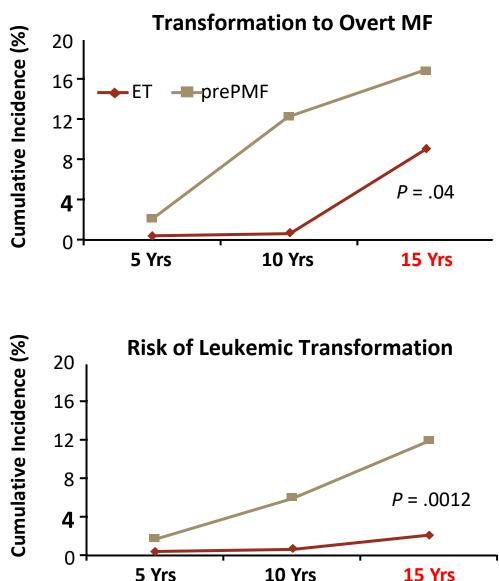


Abbreviations: EMH, extramedullary hematopoiesis; ET, essential thrombocythemia; PMF, primary myelofibrosis; PS, performance status; PV, polycythemia vera; QOL, quality of life. 1. Mughal TI, et al. *Int J Gen Med.* 2014;7:89-101; 2. Haybar H, et al. *Cardiovasc Hematol Disord Drug Targets*. 2017;17(3):161-166.

### Early/Prefibrotic Primary Myelofibrosis: Not So Aggressive Neoplasm

 International, observational study in which patients with ET or rediagnosed prePMF were followed for disease progression (N = 1,104)





Barbui T, et al. J Clin Oncol. 2011;29:3179-84.

## The Heterogeneous Clinical Spectrum of Prefibrotic Myelofibrosis

Mimicking essential thrombocytopenia

Progression towards overt myelofibrosis

#### Time

Bleeding and thrombosis

Symptoms of myelofibrosis

Life expectancy

## Classic Prognostic Models for Myelofibrosis

Parameter	Included in IPSS <sup>2</sup>	Included in DIPSS <sup>3</sup>	Included in DIPSS-Plus <sup>4</sup>				
Age > 65 y	Yes (1 point)	Yes (1 point)	Yes <sup>a</sup>				
Hgb < 10 g/dL	Yes (1 point)	Yes (2 points)	Yes <sup>a</sup>				
WBC > 25 × 10 <sup>9</sup> /L	Yes (1 point)	Yes (1 point)	Yes <sup>a</sup>				
PB blood blasts ≥ 1%	Yes (1 point)	Yes (1 point)	Yes <sup>a</sup>				
Constitutional symptoms	Yes (1 point)	Yes (1 point)	Yes <sup>a</sup>				
Unfavorable karyotype <sup>b</sup>	No	No	Yes (1 point)				
RBC transfusion dependence <sup>c</sup>	No	No	Yes (1 point)				
Platelet count < 100 × 10 <sup>9</sup> /L	No	No	Yes (1 point)				
Can be used at any time point	No (only at diagnosis)	Yes	Yes				

	Median Survival, Years										
Risk Group	IPSS <sup>2</sup>	DIPSS <sup>3</sup>	DIPSS-Plus <sup>4</sup>								
Low	11.3	Not reached	15.4								
Intermediate-1	7.9	14.2	6.5								
Intermediate-2	4.0	4.0	2.9								
High	2.3	1.5	1.3								

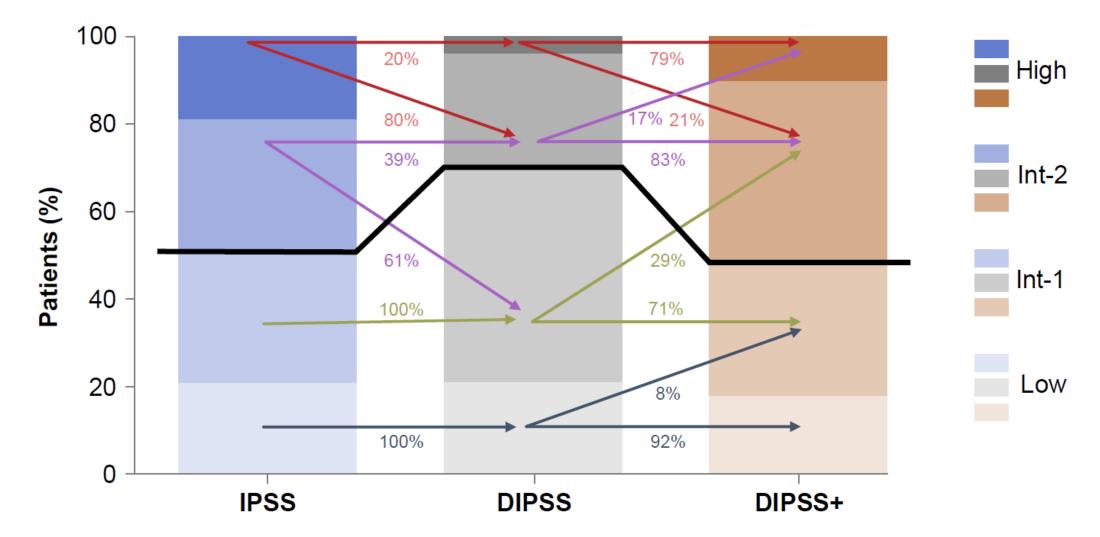
Abbreviations: DIPSS, dynamic International Prognostic Scoring System; Hgb, hemoglobin; IPSS, Interational Prognostic Scoring System; PB, peripheral blood; RBC, red blood cell; WBC, white blood cell count. <sup>a</sup>Zero, I, 2, and 3 points are assigned to DIPSS categories of low, intermediate-1, intermediate-2, and high risk, respectively; features are not weighted individually.

<sup>b</sup>Complex karyotype or a single or 2 abnormalities including + 8, -7/7q-, i(17q), -5/5q-, 12p-, inv(3), or 11q23 rearrangement.

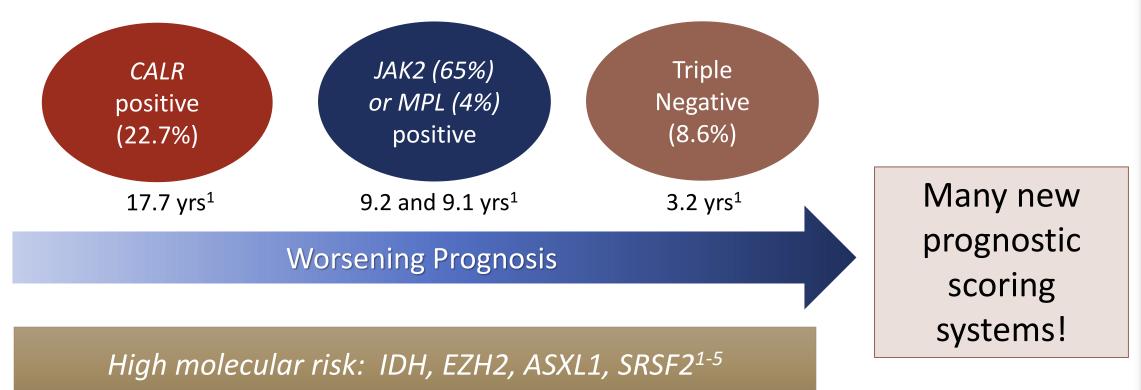
<sup>c</sup>Presentation with symptomatic anemia necessitating RBC transfusion at time of referral, or a history of RBC transfusions for myelofibrosis-associated anemia, without regard to the number of RBC transfusions.

1. Bose P, Verstovsek S. Cancer. 2016;122:681-92; 2. Cervantes F, et al. Blood. 2009;113:2895-2901; 3. Passamonti F, et al. Blood. 2010;115:1703-1708; 4. Gangat N, et al. J Clin Oncol. 2011;29:392-397

## Distribution of Myelofibrosis Patients by Different Prognostic Models



## Impact of Driver and "High Molecular Risk" Mutations in Primary Myelofibrosis



- Worst prognosis in CALR neg/ASXL1 positive<sup>3</sup>
- 2 or more HMR mutations also worsens survival<sup>4</sup>

1. Rumi E et al. *Blood*. 2014;124:1062-1069; 2. Vannucchi AM et al. *Leukemia*. 2013;27:1861-9; 3. Tefferi A. et al. *Leukemia*. 2014;28:1472-7; 4. Guglielmelli P, et al. *Leukemia*. 2014;28:1804-10; 5. Lee YC, et al. *Clin Lymphoma Myeloma Leuk*. 2018;18:558-568.

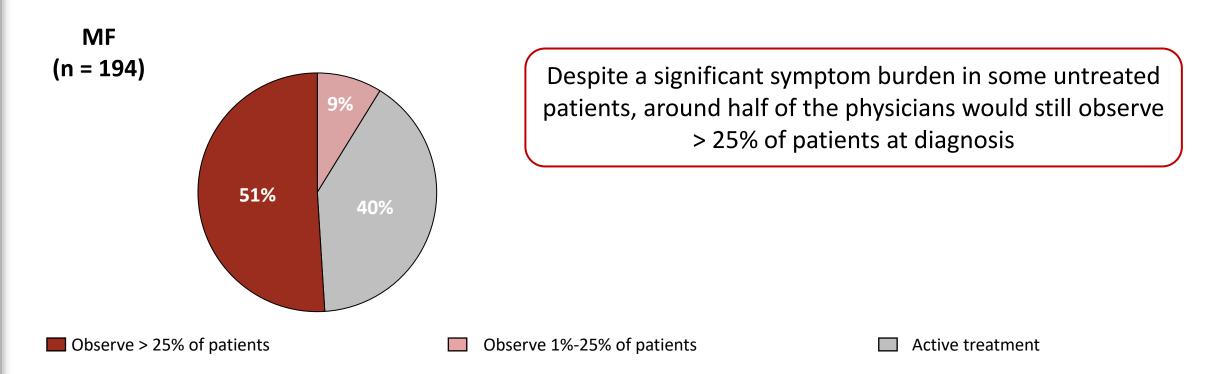
# Once we are done with prognostication: "Clinical needs" oriented current therapy for MF

Clinical need	Drugs / Intervention								
Anemia	<ul><li>Corticosteroids</li><li>Danazol</li><li>erythropoietin</li></ul>	<ul><li>Thalidomide</li><li>Lenalidomide</li></ul>							
Symptomatic splenomegaly	<ul><li> Ruxolitinib, fedratinib</li><li> Hydroxyurea</li></ul>	<ul><li>Cladribine, IMIDs</li><li>Splenectomy</li></ul>							
Extramedulary hematopoiesis	Radiation therapy								
Hyperproliferative (early) disease	Interferon, hydroxyurea								
Risk of thrombosis	Low-dose ASA								
Constitutional symptoms/ QoL	<ul><li> Ruxolitinib, fedratinib</li><li> Corticosteroids</li></ul>								
Accelerated/blastic Phase	Hypomethylating agents								
Improved survival	<ul><li> Allo SCT</li><li> Ruxolitinib</li></ul>								

Barbui T, et al. J Clin Oncol. 2011;29:761-770.

## MPN Patient Treatment-Watch and Wait 2016 International Landmark Study

- 23% of patients managed with watch and wait had high to moderate symptom burden
- Only 36% reported not currently experiencing symptoms



## **MPN10** Total Symptom Score [MPN-SAF]

An easy tool to assess symptoms in MPNs

InflammationSplenomegaly

Anemia

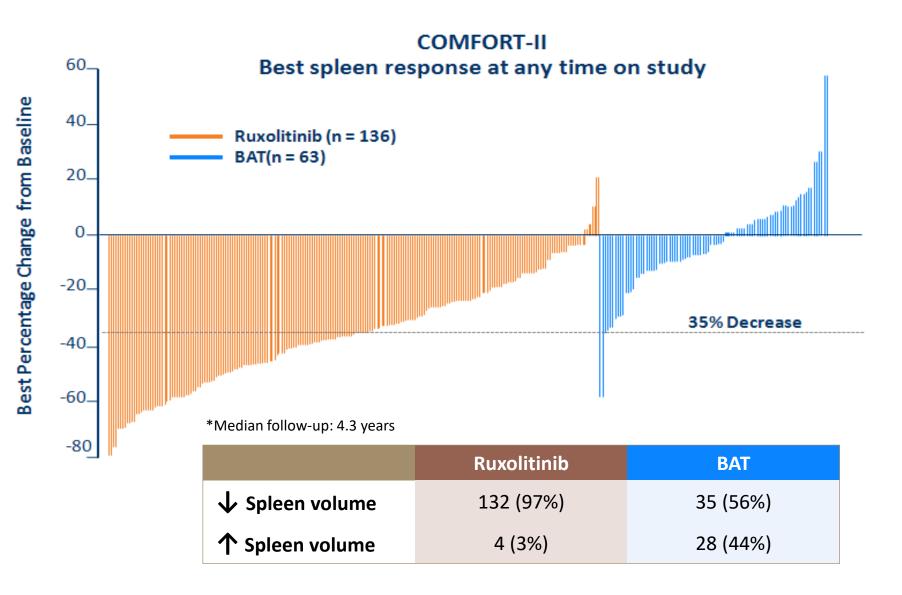
Fatigue Early satiety Abdominal discomfort Inactivity Problems with concentration Night sweats Itching Bone Pain Fever Unintentional weight loss last 6 months MPN10 score υ

Value	Prognos 1 to 10 ra
0	favorable
0	(Absent)

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Scherber R, et al. Blood. 2011;118:401-408.

## Spleen Volume Response: Ruxolitinib vs. BAT





MF Patient Pre-Ruxolitinib Therapy



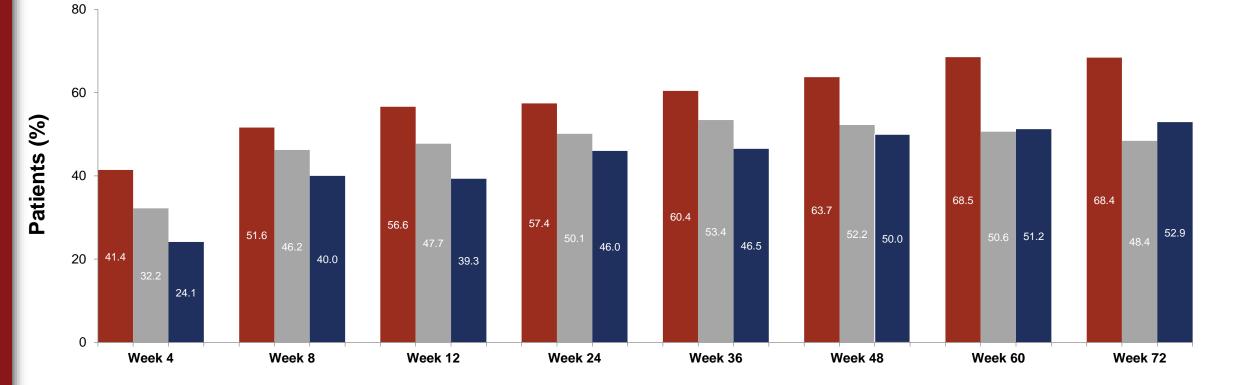
Harrison C, et al. N Engl J Med. 2012;366(9):787-98. Images courtesy of Srdan Verstovsek, MD, PhD

## JUMP study: lower the risk, better the spleen response to ruxolitinib

- Phase 3b expanded access study
- Enrolled 2,233 patients in 26 countries
- Allowed DIPSS Low-/Int-1-/Int-2-/High-risk MF
- Lower-risk patients received higher starting doses

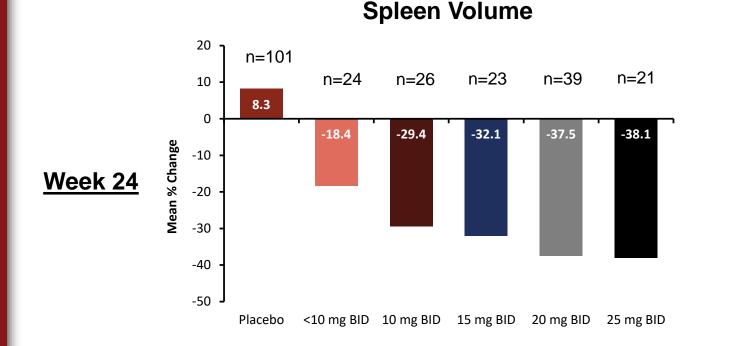
#### Spleen length reduction from baseline ≥ 50%





Passamonti F, et al. Poster presented at EHA 2017. Haematologica. 2017;102:abstract E1333.

## Ruxolitinib Efficacy by Titrated Dose: COMFORT-I



**Total Symptom Score** 70 n=103 50 30 n=22 n=26 n=23 n=20 n=38 Mean % Change 10 41.8 -11.1 -51.8 -51.4 -56.3 -51.9 -10 -30 -50 -70 Placebo <10 mg BID 10 mg BID 15 mg BID 20 mg BID 25 mg BID

• Avoid starting with low dose!

- If starting low then ESCALATE quickly to maximum safe dose
- Doses less than 10mg BID are not effective long term

Verstovsek S, et al. OncoTargets and Therapy. 2014;7:13-21.

## Rationale for earlier use of ruxolitinib for MF patients – a retrospective Italian study (N = 408)

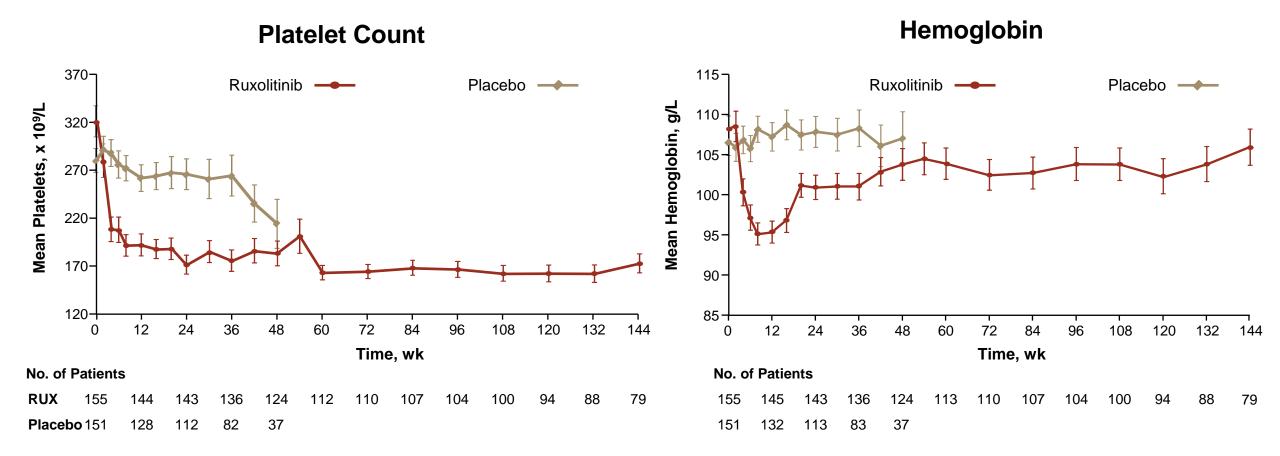
#### The influence of disease stage on quality of response

- Spleen/symptom responses are lower if
  - Time interval between MF diagnosis and start of ruxolitinib > 2 years
  - Larger splenomegaly/higher total symptom score
  - Transfusion dependency/lower PLT count
  - IPSS Int-2/High risk

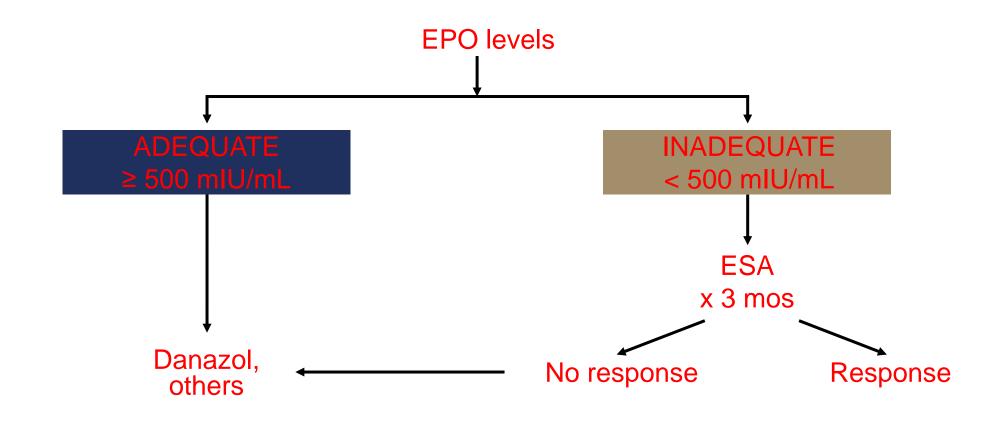
#### The influence of ruxolitinib dose

- Early MF patients may tolerate a higher ruxolitinib dose
- Patients starting with higher doses have a higher rate of spleen response
- Use of lower ruxolitinib doses may also result in reduced efficacy

## Mean Platelet Count and Hemoglobin over Time COMFORT-I<sup>1</sup>



## Approach to the Treatment of Anemia in MF



NCCN guidelines, 2017

### JAKARTA: Fedratinib for Int-2/High-Risk Myelofibrosis<sup>1,2</sup>

- 289 patients with int-2 or high-risk MF, post-PV MF, or ET MF with splenomegaly
- Fedratinib 500 mg (n = 97); 400 mg (n = 96); or placebo (n = 96) once daily for  $\geq$ 6 cycles

#### Fedratinib 400 mg (recommended dose)\*:

- 37% achieved  $\geq$ 35% reduction in spleen volume vs. 1% with placebo (p < 0.0001)
- 40% had ≥ 50% reduction in MF-related symptoms, vs. 9% with placebo

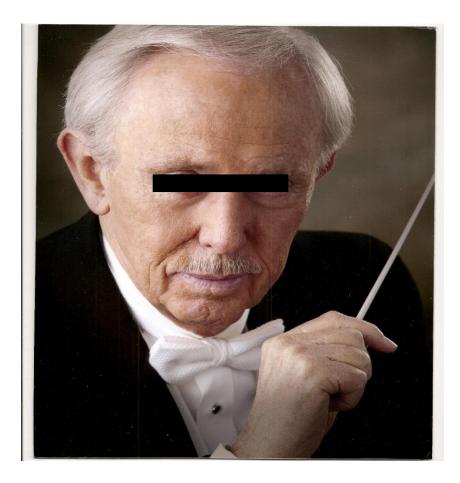
#### Safety:

- Boxed warning about the risk **Wernicke encephalopathy** 
  - Assess thiamine levels in all patients prior to starting fedratinib, periodically during treatment, and as clinically indicated. If encephalopathy is suspected, fedratinib should be immediately discontinued and parenteral thiamine initiated
- The most common adverse reactions were diarrhea, nausea, anemia, and vomiting

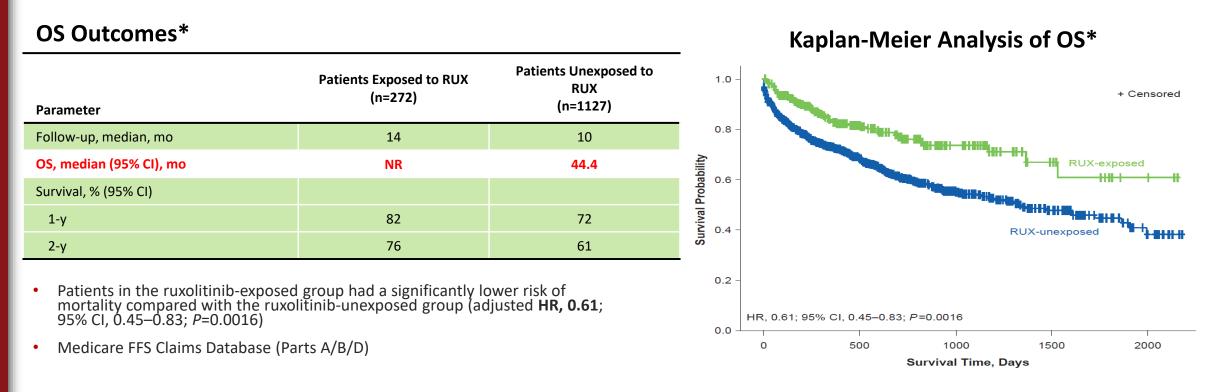
#### \*Recommended dose of fedratinib is 400 mg orally once daily (baseline platelet count of ≥50 x 10<sup>9</sup>/L)<sup>2</sup>



# Lets talk about something else...



## Real-World Survival in Elderly Patients With Myelofibrosis in the United States: Ruxolitinib Exposed vs Unexposed



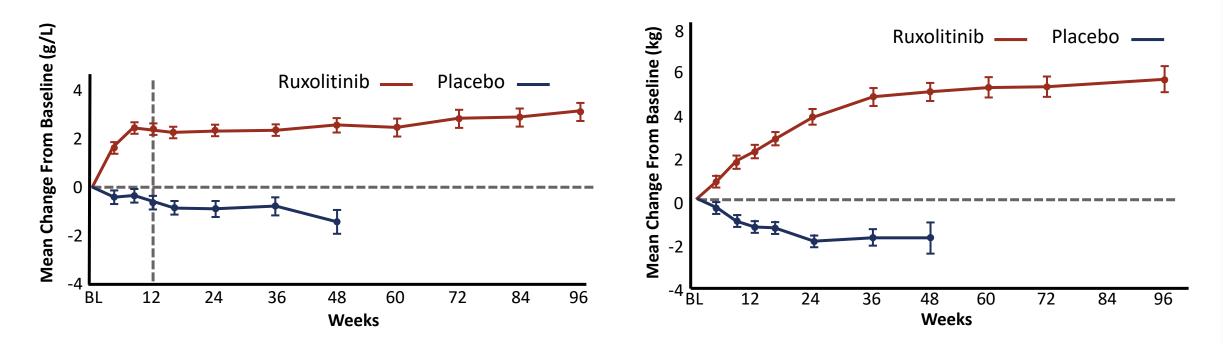
#### HR, hazard ratio; NR, not reached.

\* In patients newly diagnosed with intermediate- or high-risk MF after exclusion of patients with MDS, hematologic malignancies (excluding AML), solid tumors, and AML <12 months before, on, or any time after the index date.

## COMFORT-I: Effects of Ruxolitinib on Metabolic and Nutritional Parameters in Patients with MF

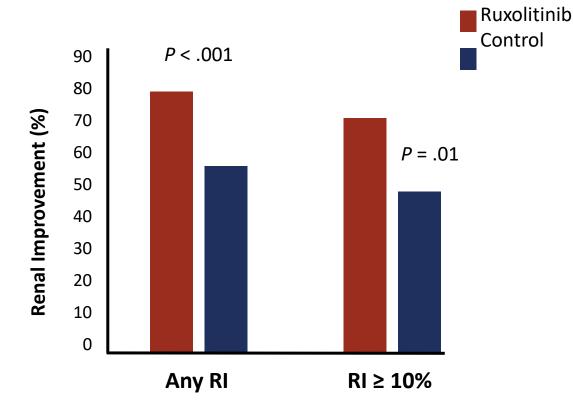
Mean Change in Serum Albumin

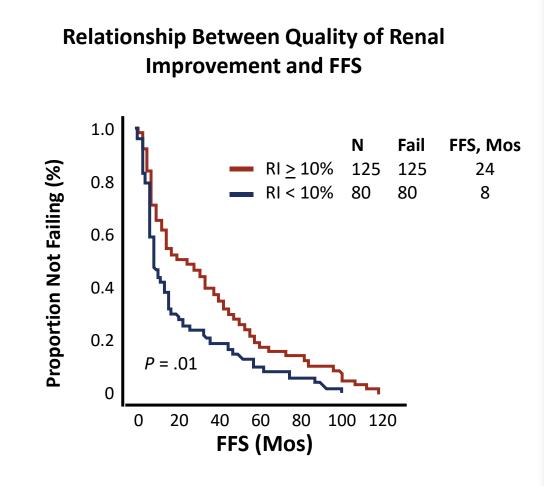
Mean Change in Body Weight



## Ruxolitinib Improves Renal Function in MF

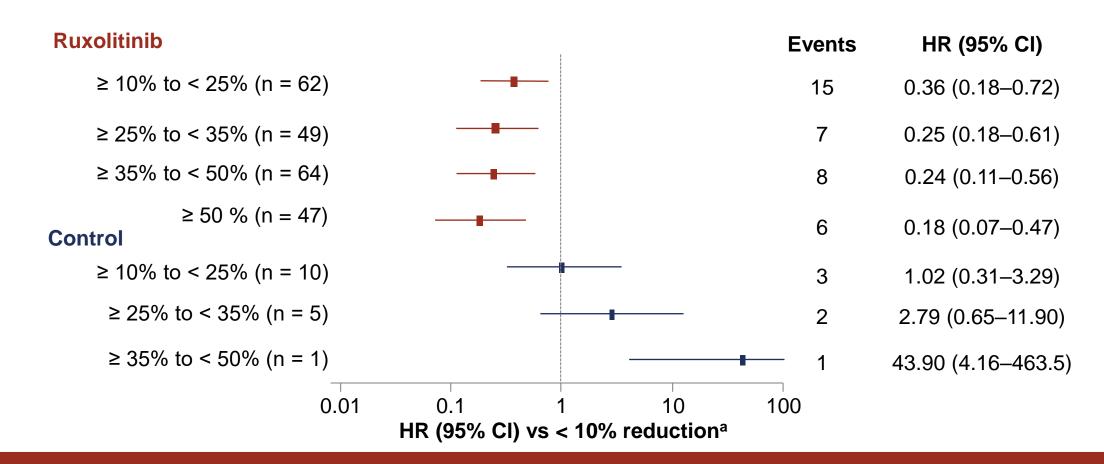
#### Renal Improvement\* in Ruxolitinib-Treated Pts vs Matched Controls





\*Best percentage change in eGFR during treatment vs baseline.

Pooled analysis COMFORT-I and COMFORT-II: Correlation of spleen volume reduction at Week 24 and OS



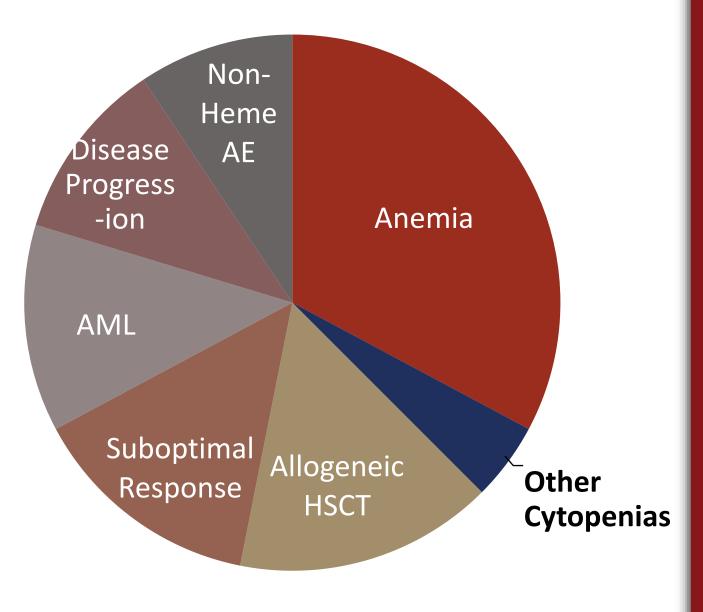
"... Each 10% reduction from baseline in spleen length at Week 24 was associated with a 9% reduction in the risk of death for ruxolitinib-treated patients (HR 0.91, 95% CI 0.84–0.99; p = 0.02)..."

Category includes patients with a < 10% reduction from baseline in spleen volume at Week 24 or no assessment (ruxolitinib n = 64; control n = 189); among these patients, there were 26 deaths (events) in the pooled ruxolitinib group and 63 deaths in the control group.

Reproduced from Vannucchi AM, et al. Haematologica 2015;100:1139-45 © 2015, Ferrata Storti Foundation

## Reasons for stopping Ruxolitinib

Anemia appears to be the leading cause of ruxolitinib discontinuations



## JAKARTA-2: Fedratinib after ruxolitinib Re-Analysis Using More Stringent Criteria for Ruxolitinib 'Failure'

- Reanalysis employed a more stringent definition of RUX failure<sup>1</sup>
- 79/97 enrolled patients (81%) met the more stringent criteria for RUX R/R (n = 65, 82%) or intolerance (n = 14, 18%)
- Clinically meaningful reductions in splenomegaly and symptom burden in patients with MF who met more stringent criteria
- SVRR = 30%
- Symptoms RR = 27%
- Safety consistent with prior reports

Ongoing phase III studies of fedratinib in MF patients previously treated with RUX<sup>2</sup>

#### **FREEDOM**

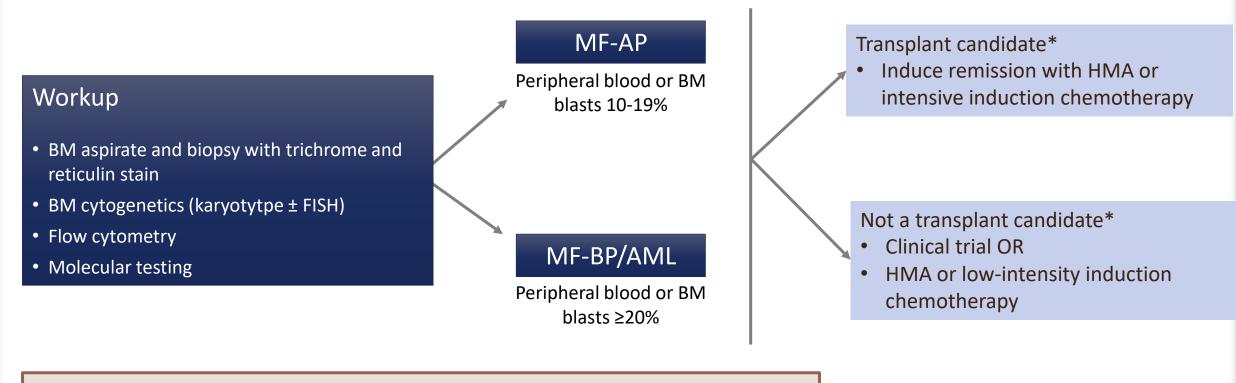
Single group assignment (NCT03755518)

#### FREEDOM2

Fedratinib vs BAT (NCT03952039)

1. Harrison CN, et al. Am J Hematol. 2020 Mar 4. [Epub ahead of print]; 2. clinicaltrials.gov. Accessed Mar 23, 2020.

## NCCN Guideline for Treatment of MF-AP or MF-BP/AML



\*Consider ruxolitinib to control splenomegaly and systemic symptoms

MF-AP: myelofibrosis in accelerated phase; MF-BP/AML – myelofibrosis in blast phase or transformation to AML; HMA – hypomethylating agents (azacitidine and decitabine)

## Thank You

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