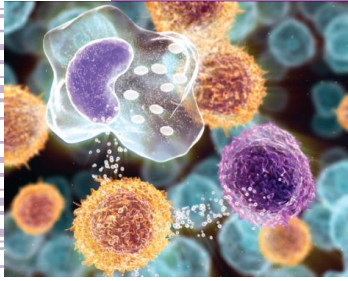


From Rubor and Calor to today:

# An Update on Inflammation

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Chancellor Professor Emerita  
Department of Medical Laboratory Science  
University of Massachusetts  
Dartmouth, Massachusetts





# Inflammation

First Century C.E.

Greeks first described inflammation

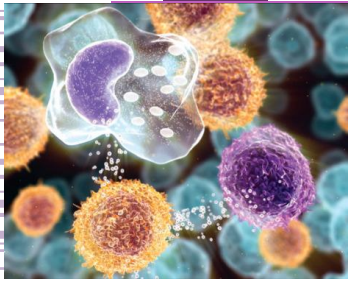
Rubor – Calor – Dolor – Tumor

redness    heat    pain    swelling

Second Century

Romans – not to be outdone added

Loss of function

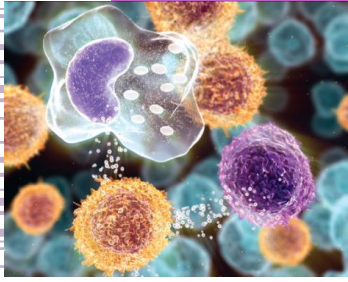


# Inflammation

Normal      Necessary      Non-specific  
mechanism of response

Primarily a localized process  
but can become systemic

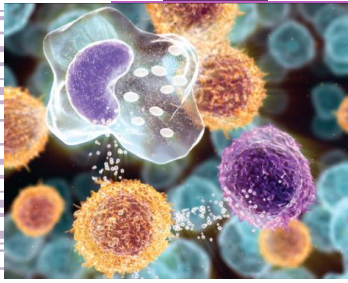
Combination of cells and mediators



# Causes

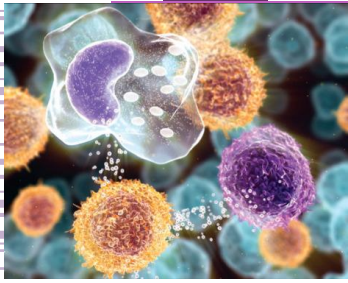
- ◆ anything and everything that will alter the homeostasis of an area





# Inflammation at the visible level

- ✧ Acute nerve reflex response
- ✧ starts within seconds
- ✧ causes immediate vasoconstriction
- ✧ helps to limit damage
- ✧ divides into afferent (dilation) and efferent (constriction)

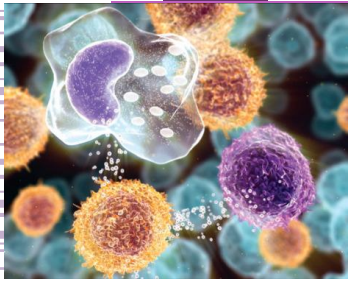


# Inflammation at the visible level

## Acute vascular response

- ✧ starts within seconds and last for up to 20 minutes
- ✧ vasodilation = more blood to the area

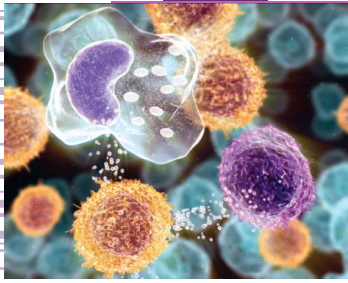
REDNESS



# Inflammation at the visible level

## Vascular flare

- ✧ scratch the skin – blanches
- ✧ FLARE
  - ✧ Enlarged arterioles – redness



# Inflammation at the visible level

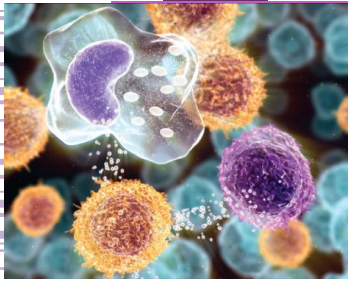
## Acute Nerve Reflex Response

- ✧ Increased vessel permeability

- ✧ WHEEL

localized swelling due to plasma leakage

- ✧ SWELLING

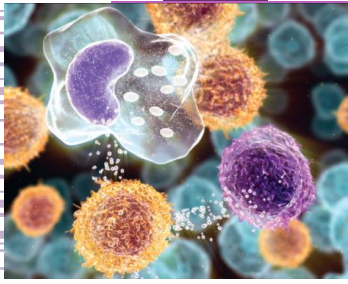


# Inflammation at the visible level

## Acute Cellular Response

- ✧ hours to day
- ✧ Leukocytes: granulocytes and monocytes
- ✧ Platelets and/or fibrin formation

✧ swelling

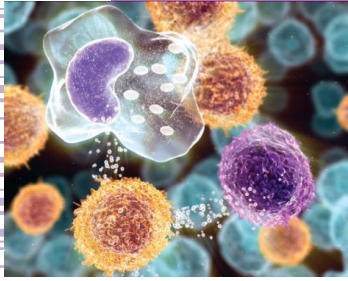


# Inflammation at the visible level

Combination of increased  
intravascular blood cell and extravascular  
fluid accumulation

pressure causes **heat**



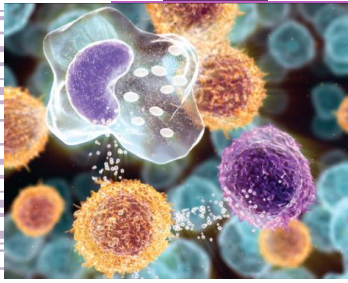


# Inflammation at the visible level

Combination of red cell increase, swelling, pressure increase, and damaged tissue

pain

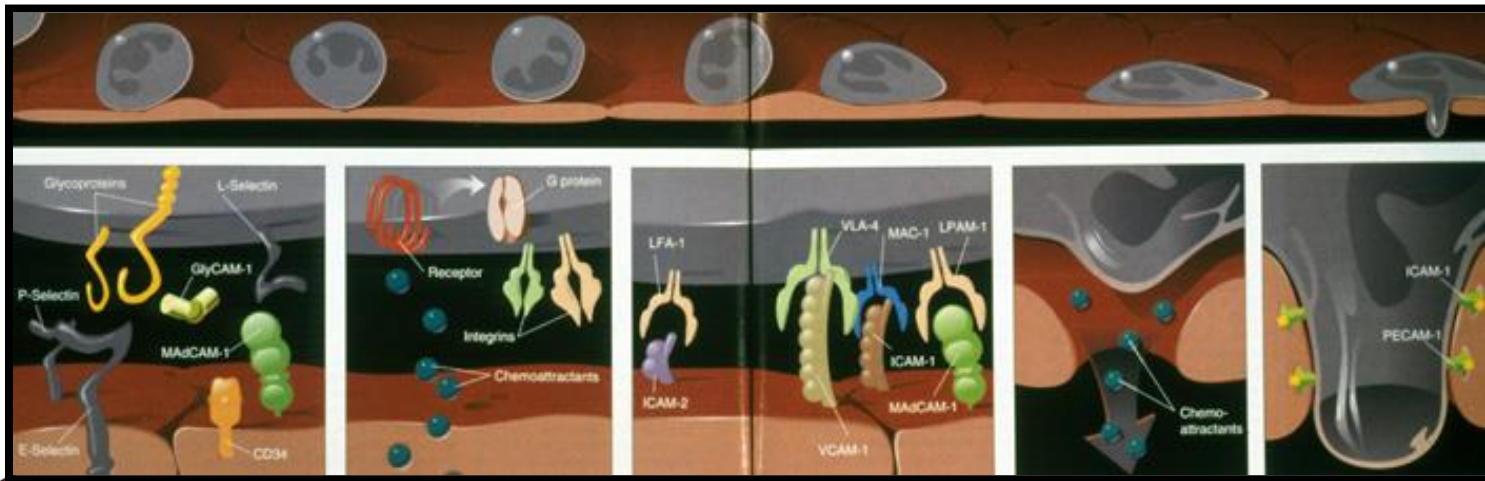




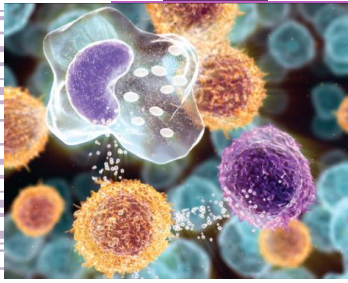
# Inflammation at the cellular level

## Granulocytes

## Diapedesis / chemotaxis







# Inflammation at the Cellular level

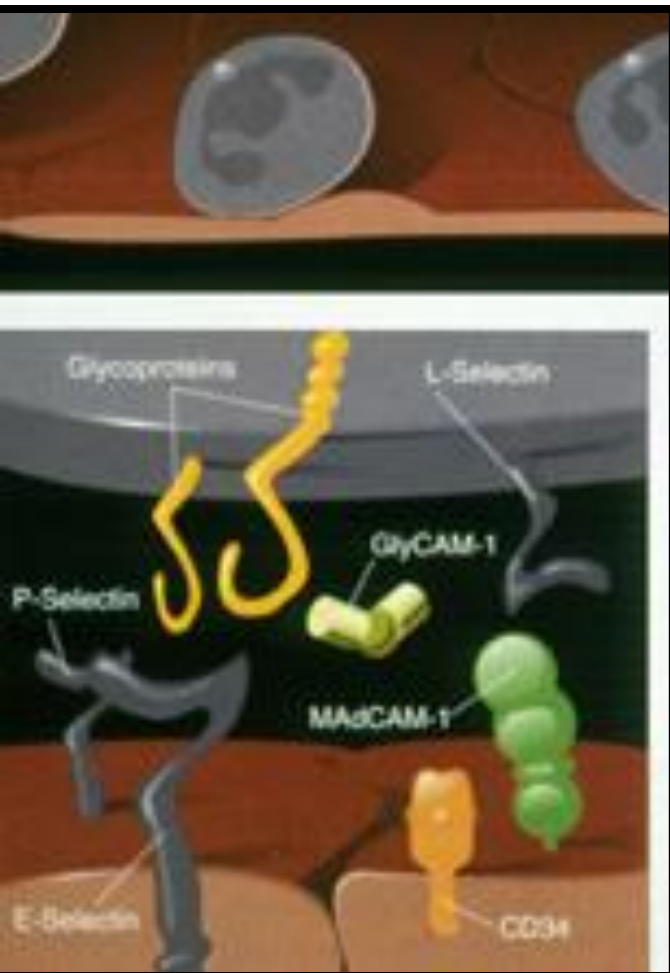
## Glycoproteins

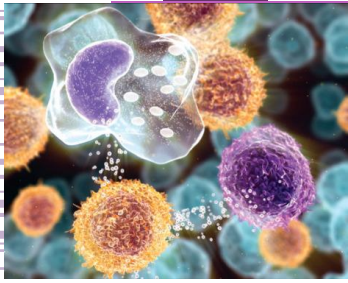
mannose, galactose, fucose  
and maybe glucose

Bind to neuraminic acid  
(sialic acid) residues

Made in the liver

Induced by Interleukin -1





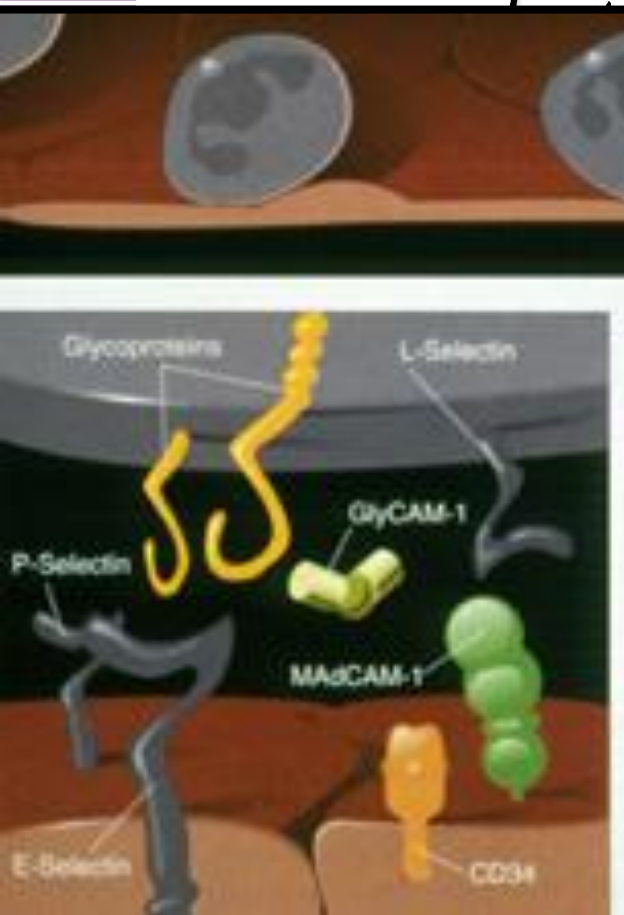
# Inflammation at the Cellular level

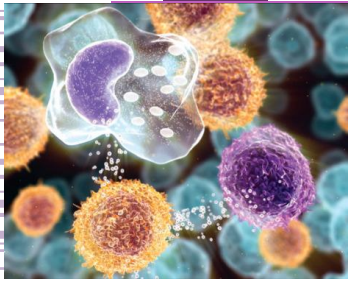
## 1. Selectins and Adhesion molecules

Tether granulocytes to site

Regulates T lymph activity

1. Low expression- recognition
2. High expression-increased transcription and surface protein communication
3. Return to low-memory acquisition





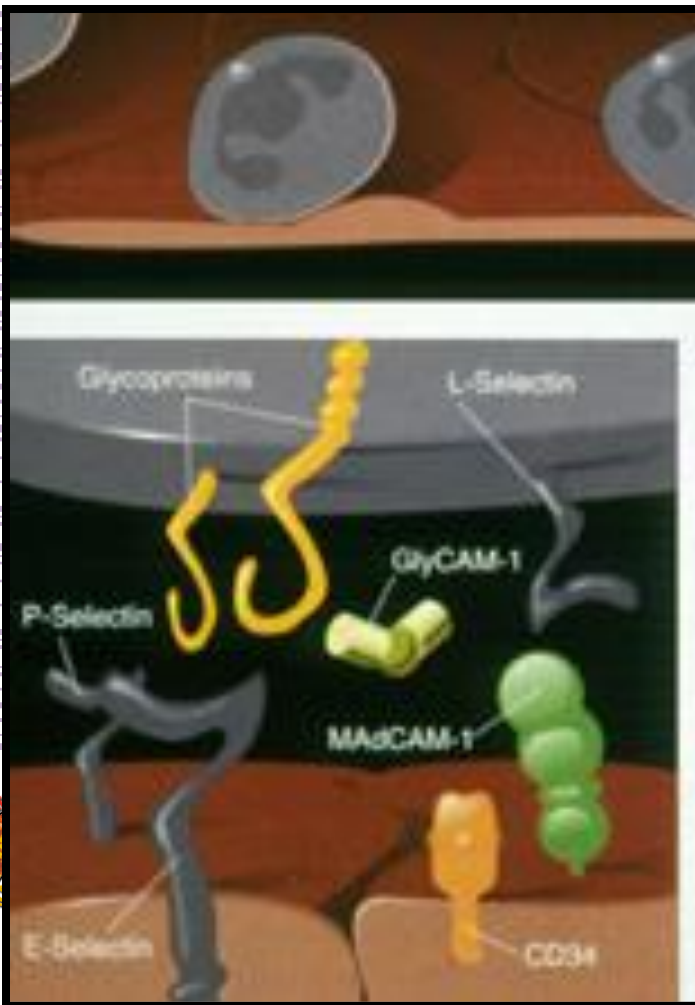
# Inflammation at the Cellular level

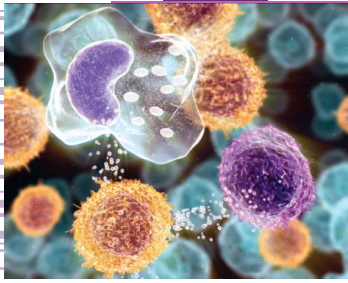
GlyCAM-1

Glycosylation-dependent cell  
adhesion molecule-1

Found in lymph node  
endothelial cells

Binds to L-Selectins  
to stimulate T lymphs



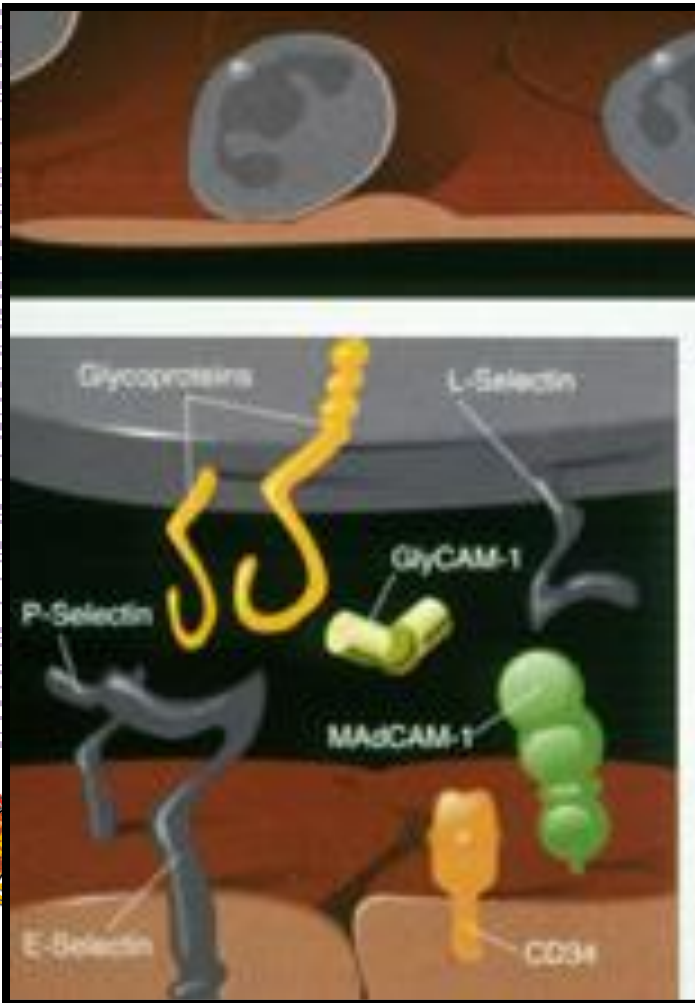


# Inflammation at the Cellular level

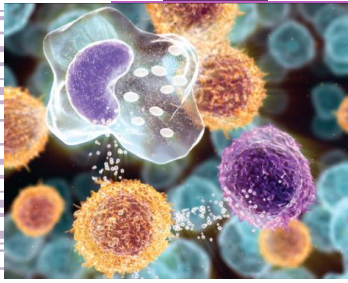
## E-Selectins

Bind to neutrophils, monocytes, eosinophils, memory-effector T-like lymphocytes, and natural killer cells

Includes Lewis A and Lewis X







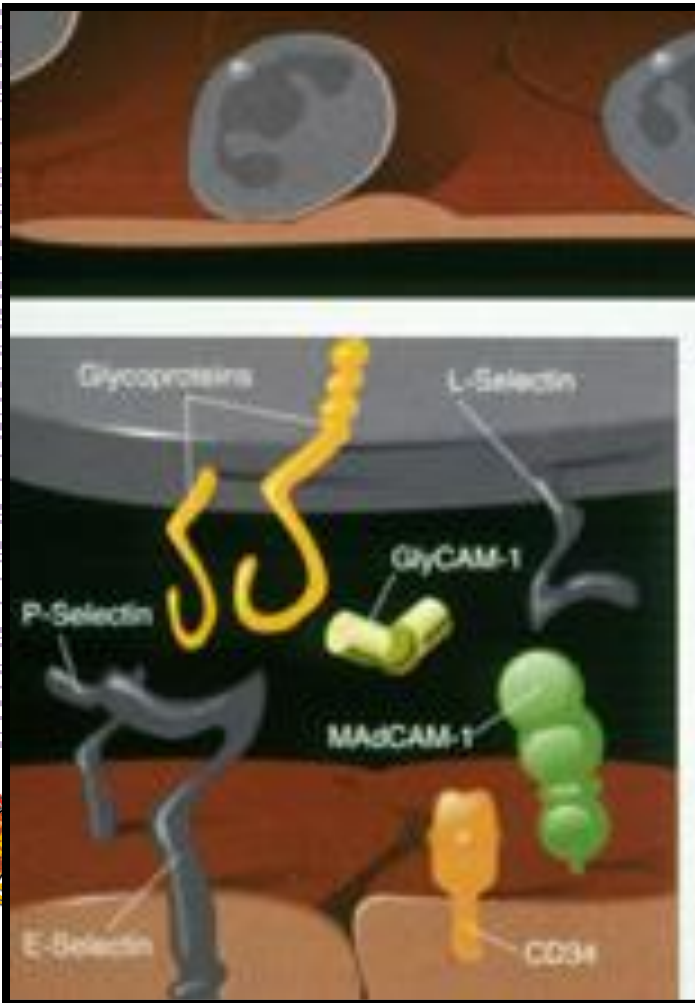
# Inflammation at the cellular level

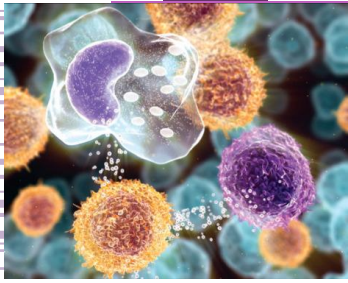
P-Selectins

Found on activated endothelial cells

Bind to neutrophils, monocytes, eosinophils

Stimulated by IL-4 and IL-13



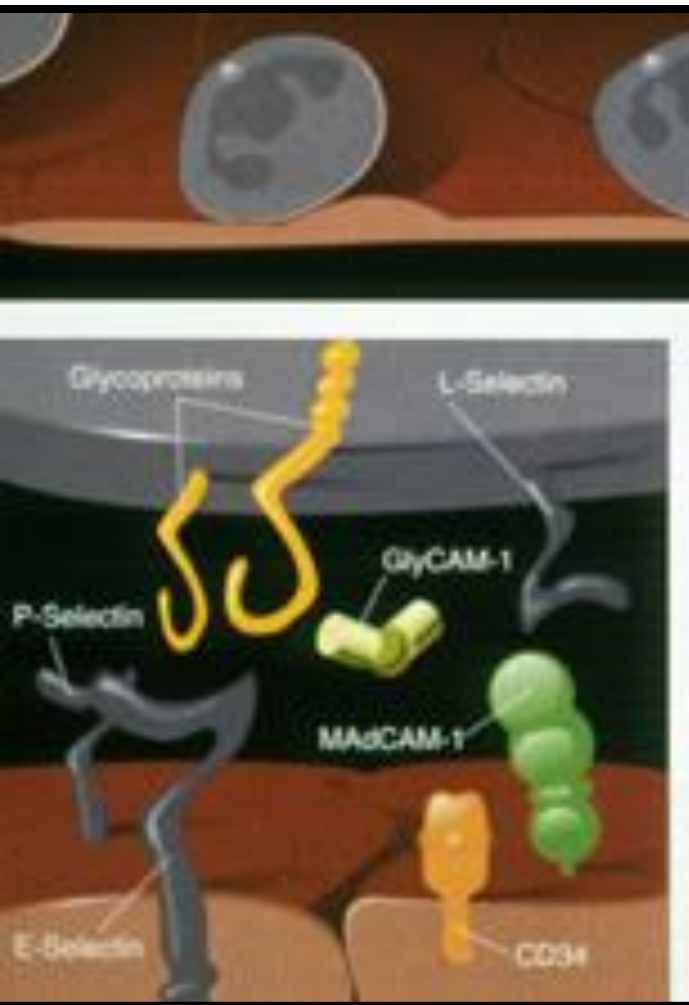


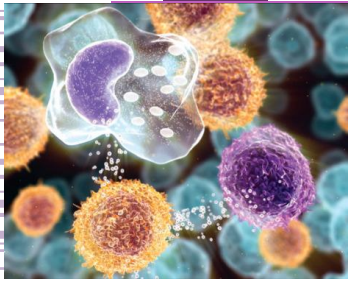
# Inflammation at the Cellular level

CD34

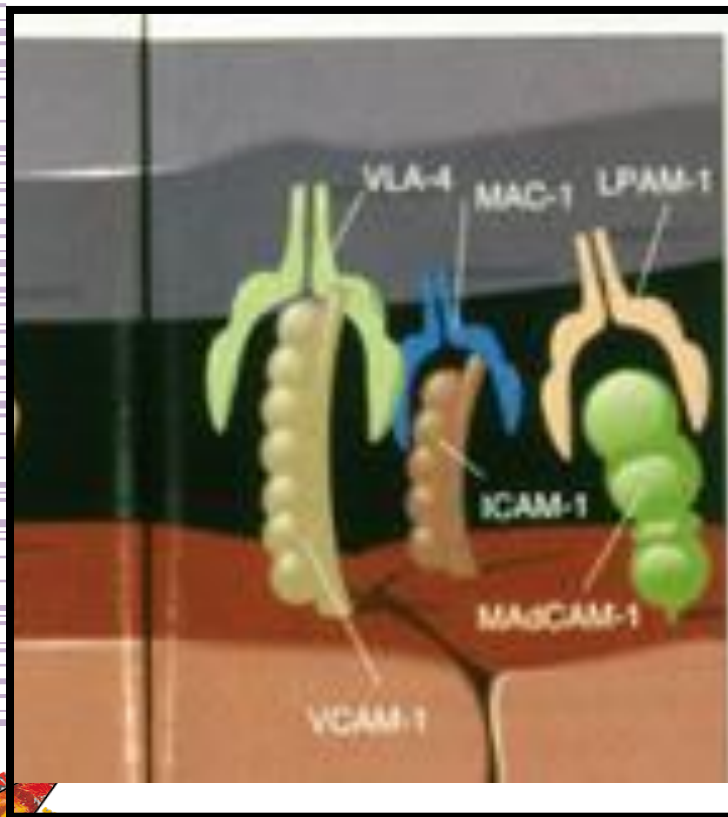
Cell surface glycoprotein

Enhances individual cell  
migration and  
cell-to-cell adhesion

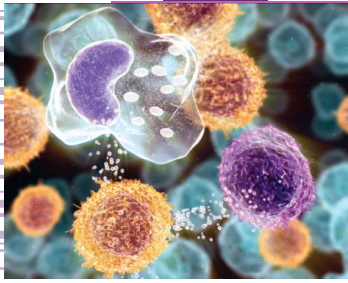




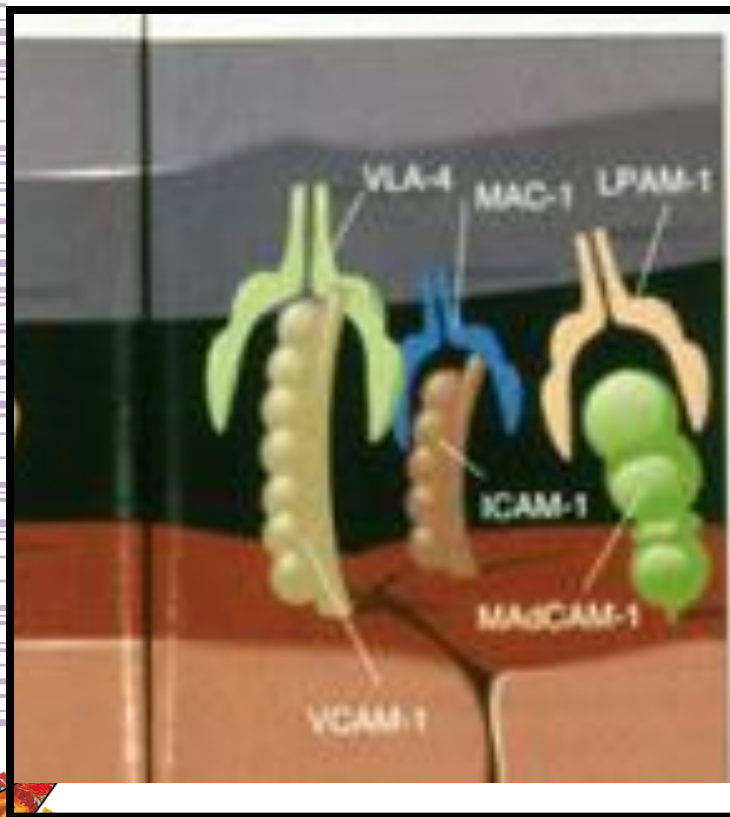
# Inflammation at the Cellular level



Various cell adhesion compounds cause granulocytes to engage in tight adhesion to blood vessel endothelial wall

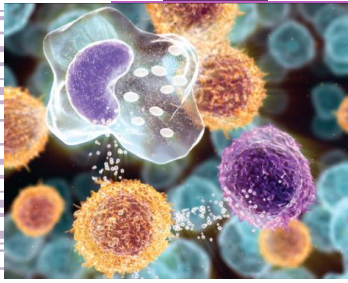


# Inflammation at the Cellular level



Various cell adhesion compounds cause granulocytes to engage in tight adhesion to blood vessel endothelial wall

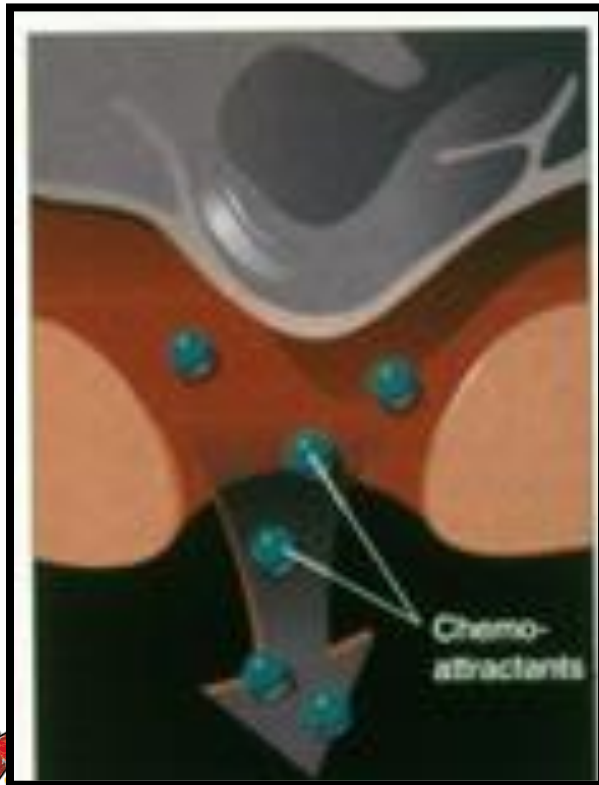


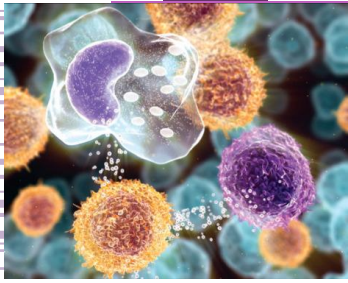


# Inflammation at the Cellular level

Diapedesis / chemotaxis

Chemoattractants –  
too many to list





# Inflammation at the Cellular level

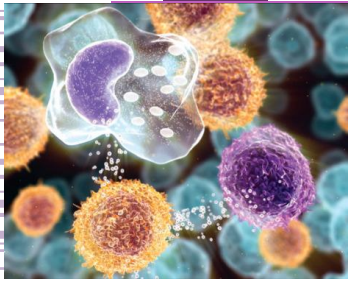
Diapedesis / chemotaxis

ICAM-1

cell surface glycoprotein  
expressed on endothelial cells

binds to granulocytes, Fibrinogen  
and Factor X





# Inflammation at the Cellular level

Diapedesis / chemotaxis

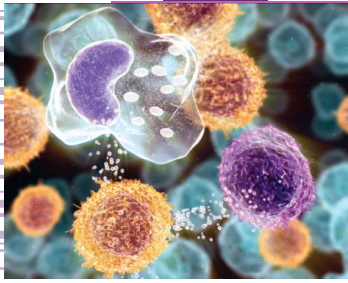
PECAM-1

platelets, monocytes, neutrophils,

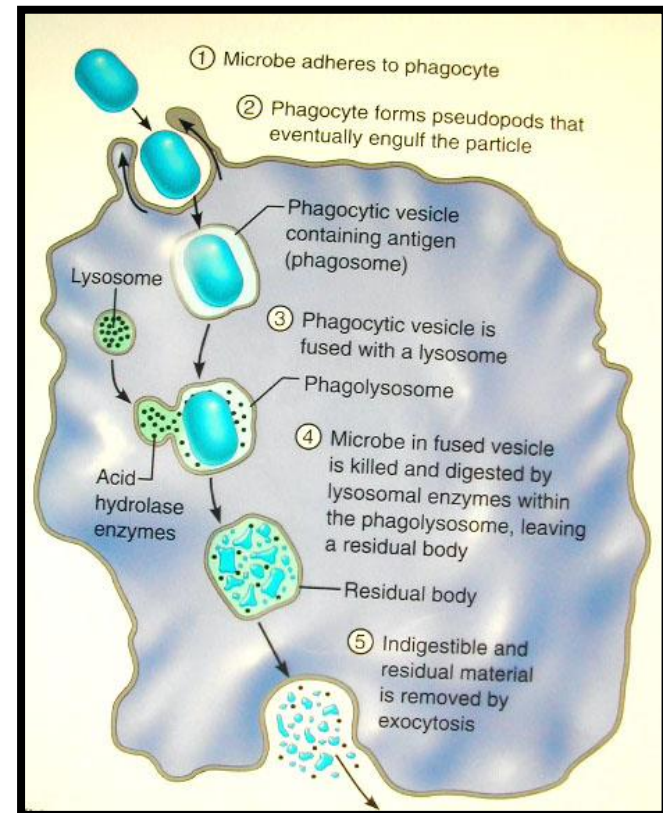
makes up a large portion of endothelial  
intercellular junctions

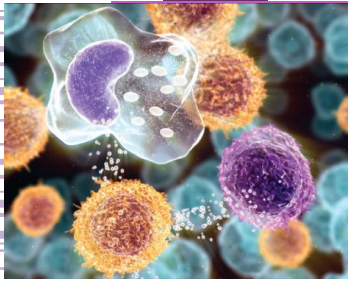
leukocyte transmigration, angiogenesis,  
and integrin activation





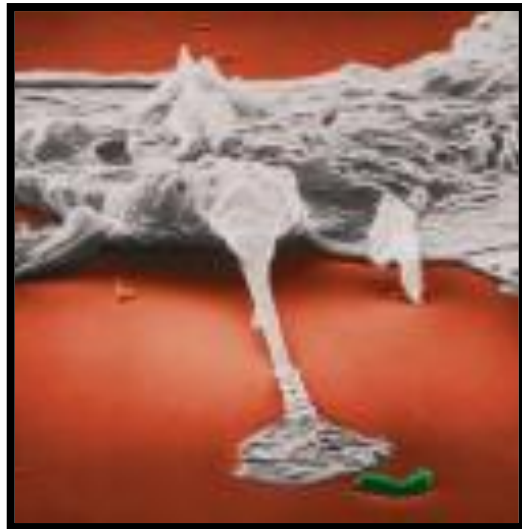
# Inflammation at the Cellular level





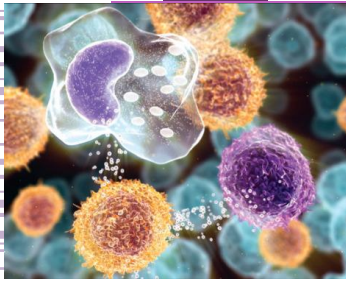
# Inflammation at both visible and cellular level

Granulocytes accumulation



Dead and dying cells  
(pus) attract monocytes

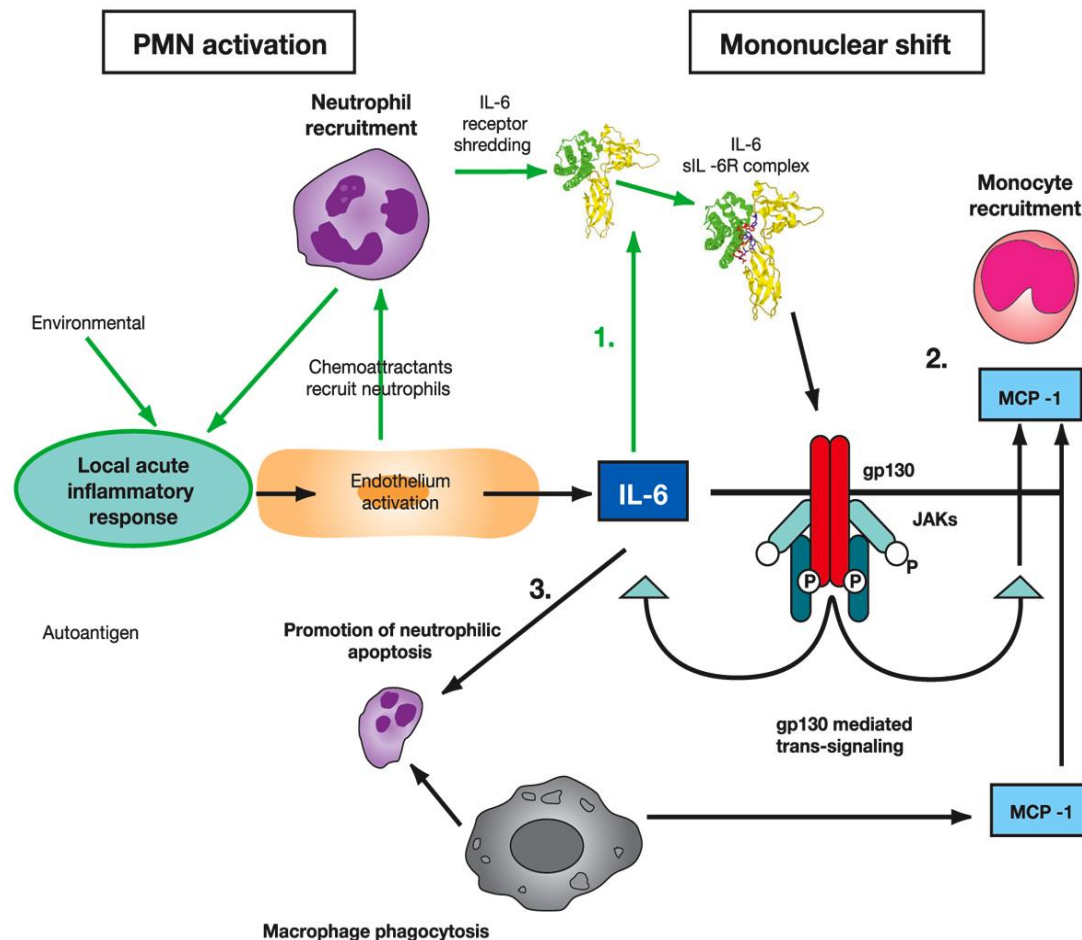


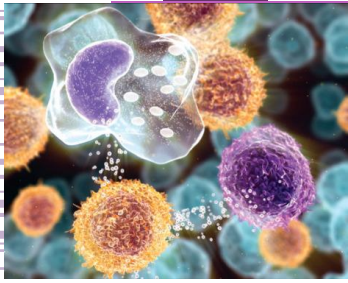


# Inflammation at the invisible level

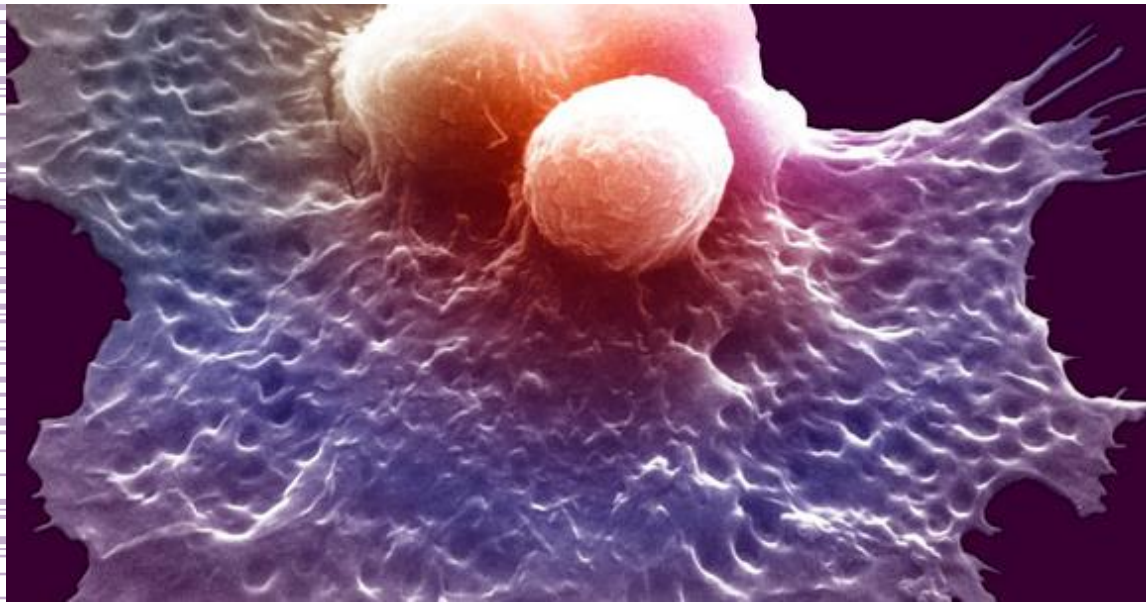
First phase – inflammation

Second phase – prolonged inflammation





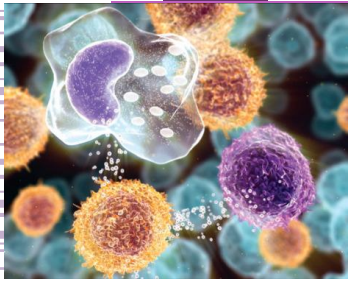
# Elimination prior to repair



Removal of dead/dying cells occurs prior to replacement with newer cells

Prime time for re-injury

inappropriate replacement = scarring

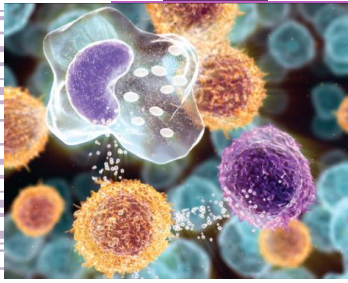


# Acute vs chronic

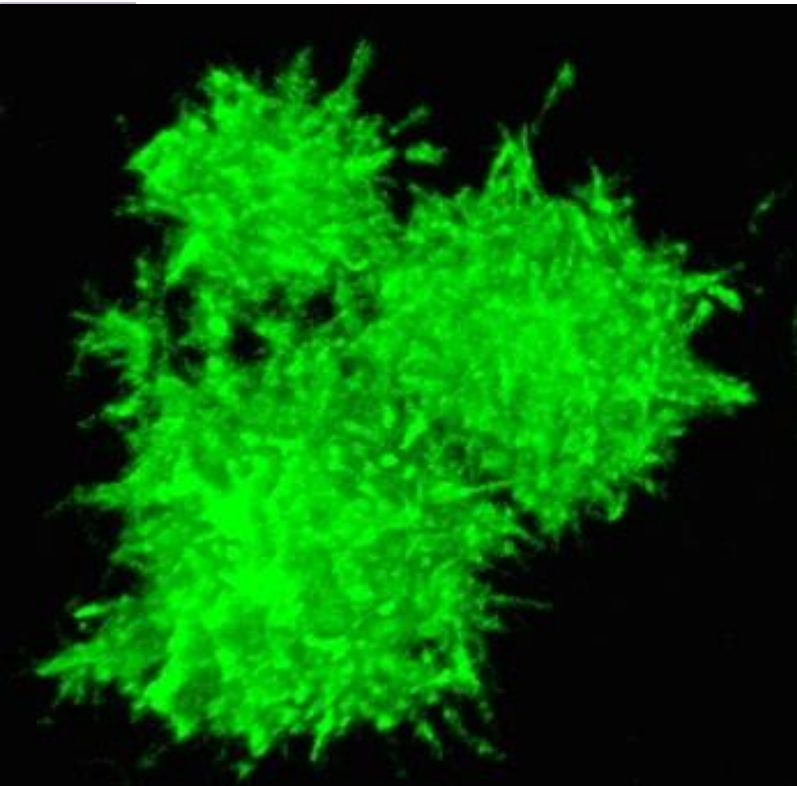
## Chronic Inflammation

- The result of a **balance** between continuing tissue damage on the one hand and eradication of the damaging stimulus followed by healing and scar formation on the other
  - If the damaging stimulus eradicated or neutralized then further tissue necrosis does not occur and the repair response progresses to complete scarring
  - If the damaging stimulus cannot be eradicated or neutralized the balance between tissue damage and tissue repair is maintained in a **stalemate** and thus chronic inflammation will persist, often for years



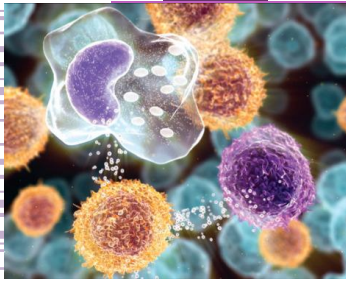


# Continuation of Inflammation

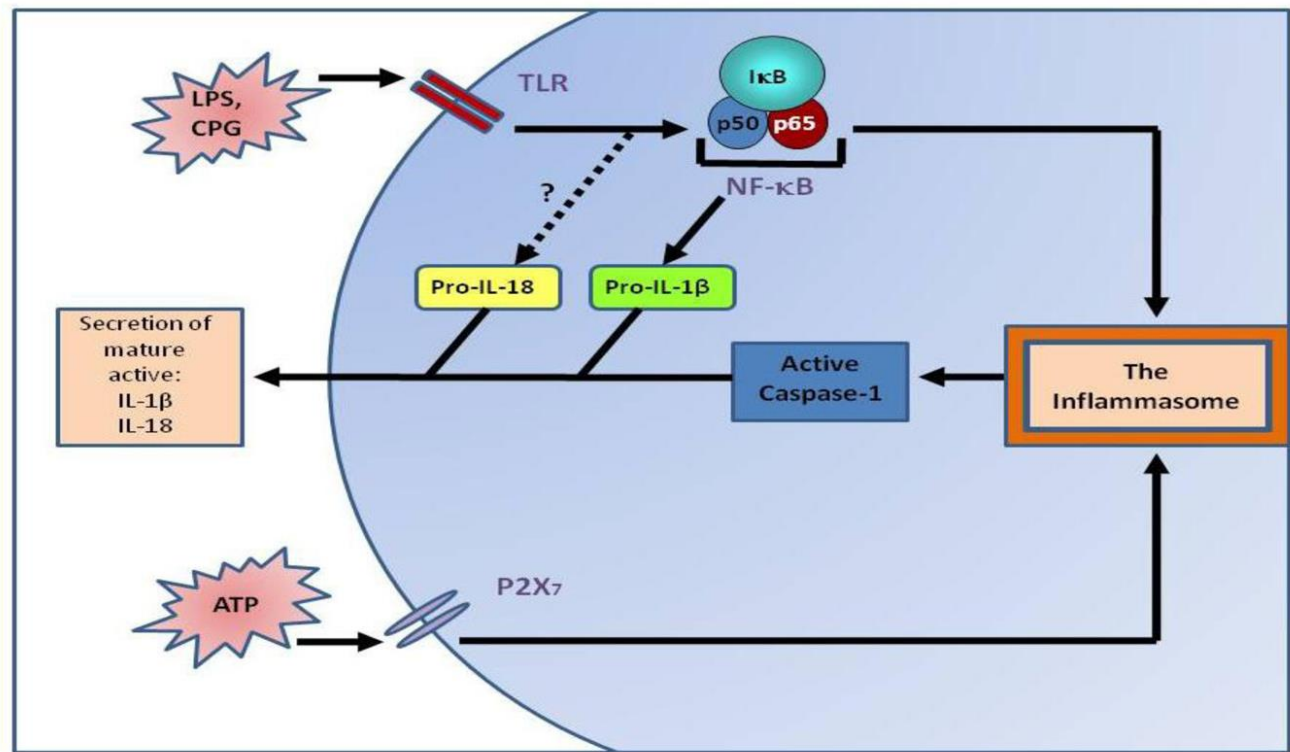


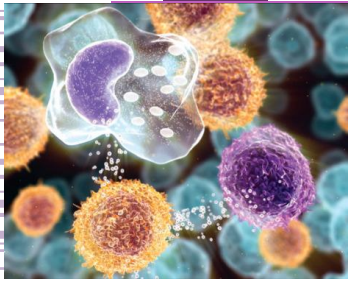
Granulocytes transmit  
inflammation by  
releasing **ASC specks**  
(Apoptosis-associated **S**peck protein with  
a **C**apase **R**ecruitment domain)

bacteria-sized clumps of protein key  
for cytokine maturation

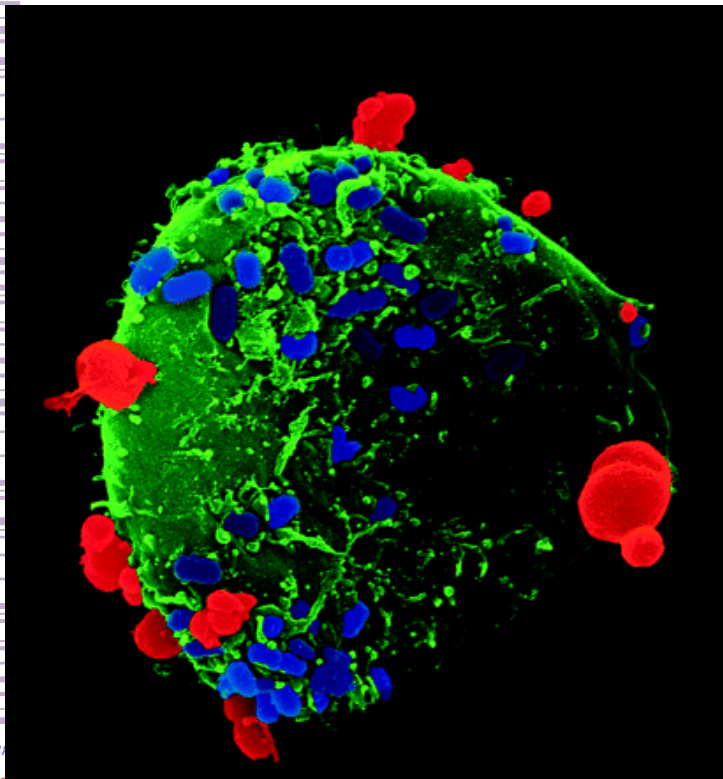


The release of the pro-inflammatory cytokines IL-1 $\beta$  and IL-18 in their mature/active forms is dependent upon the proteolytic cleavage of their precursors pro-IL-1 $\beta$  and pro-IL-18 by active Caspase-1. Caspase-1 itself must be cleaved from its precursor (pro-Caspase-1) by the inflammasome, a multimeric protein complex. This process is dependent upon 2 distinct signals. The first signal is the action of agonists on the TLR receptors, an example of this being LPS, leading to NF $\kappa$ B activation and formation of the IL-1 $\beta$  precursor finally driving the activation of the inflammasome. The second signal is the dependent on the activation of the ATP-dependent P2X<sub>7</sub> purinoceptor, a ligand-gated ion channel, leading to K<sup>+</sup> efflux driving the activation of the inflammasome.

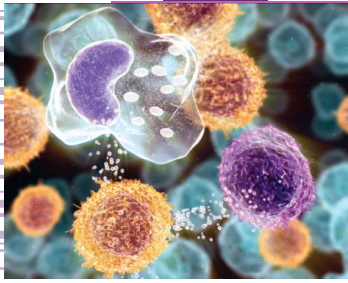




## Continuation of Inflammation



ASC specks accumulate outside the cells at the same time the cells were undergoing pyroptosis, a strategic form of cell death that allows infected cells to kill themselves.

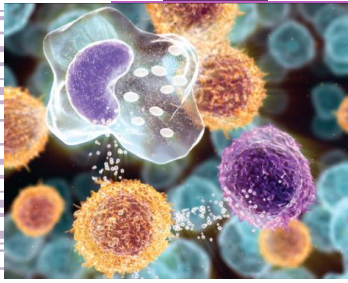


# CONtinuation of Inflammation

Protein aggregates are components of inflammasomes, which sense pathogens and cell damage and set off innate immune inflammation

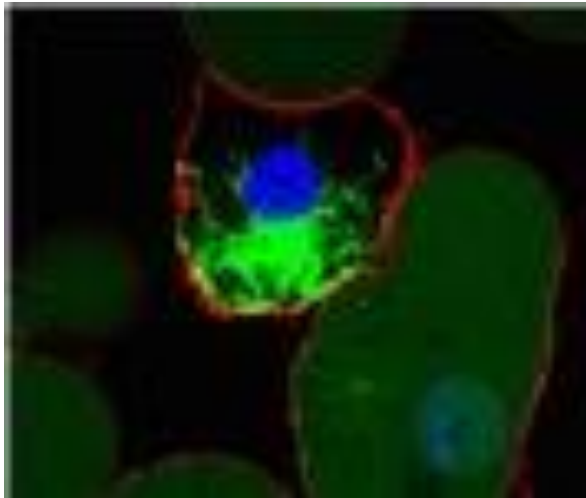


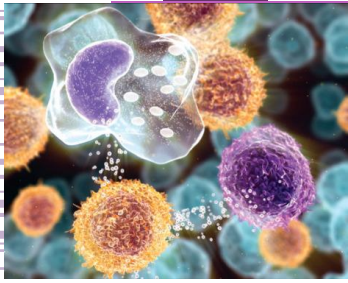




# CONtinuation of Inflammation

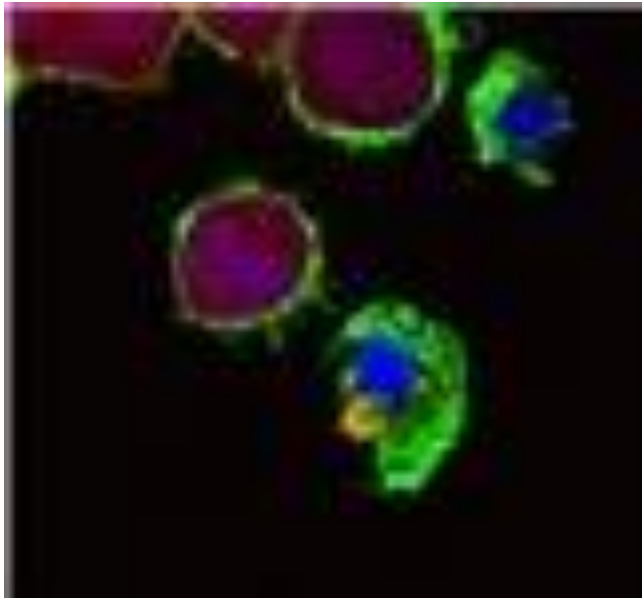
ASC specks stimulate  
 $IL1-\beta$  extracellularly.  
Macrophages ingest the  
ASC specks from  
the extracellular space

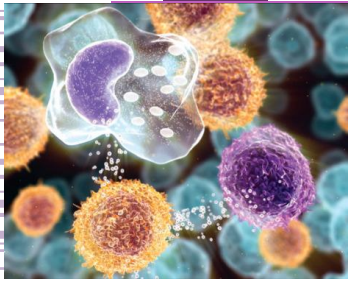




# CONtinuation of Inflammation

Macrophages can  
take up released  
ASC specks,  
perpetuating the  
immune response.

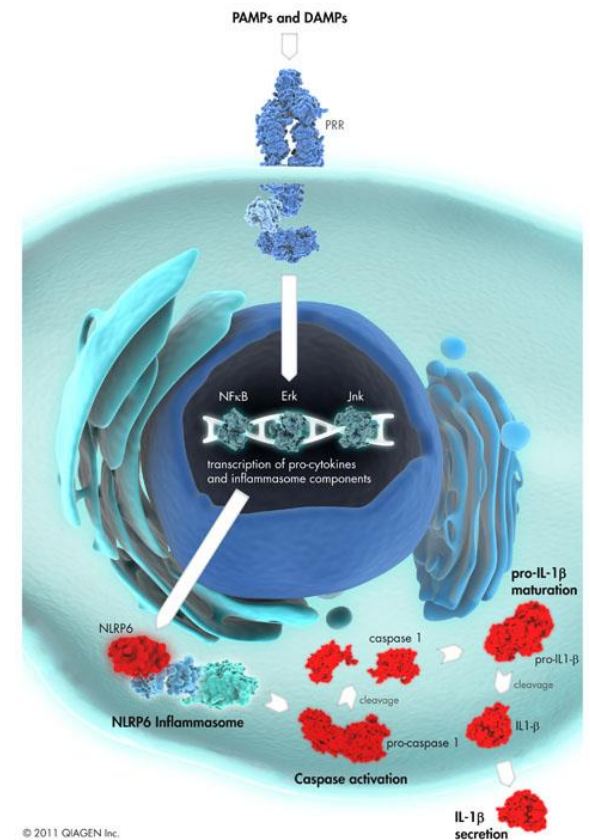




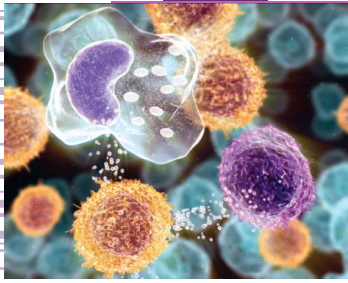
# CONtinuation of Inflammation

ASC specks activate macrophage inflammasomes, restarting the whole process and multiplying inflammation.

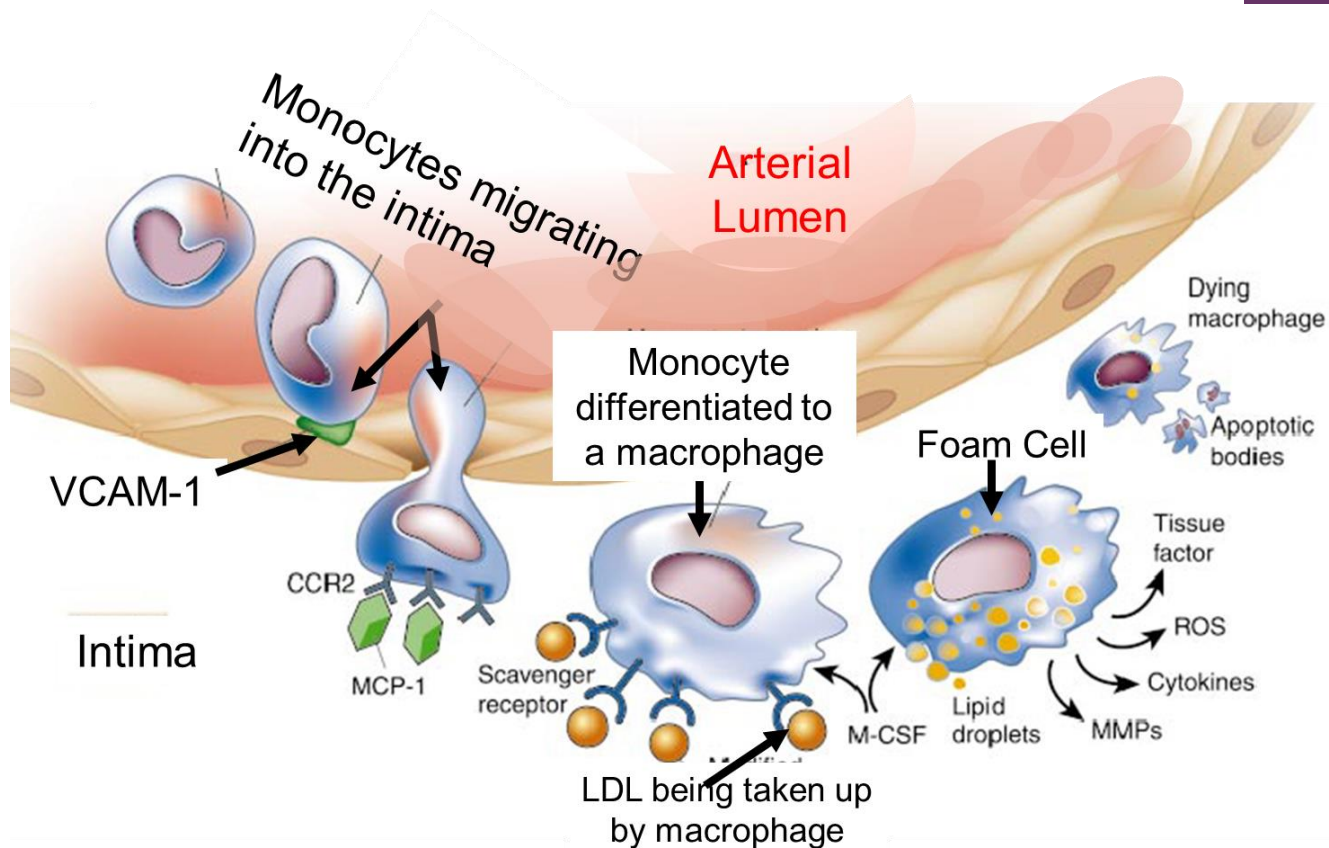
NLR inflammasome pathway



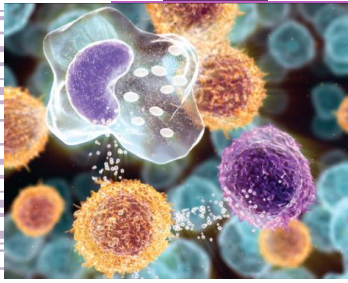
© 2011 GIAGEN Inc.



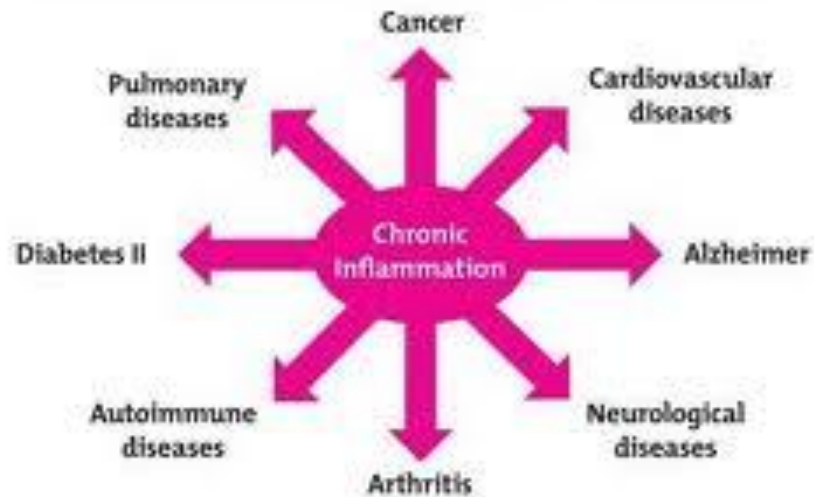
# Atherosclerosis

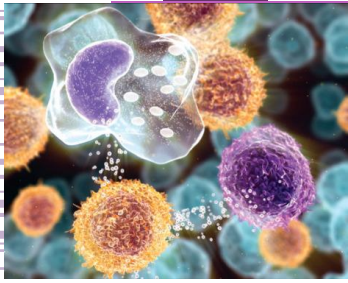






## Chronic Inflammation Can Lead To...





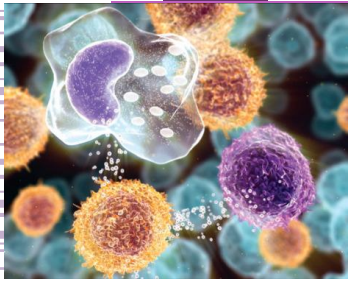
## Testing?

We have

erythrocyte sedimentation rate

valid only if inflammation is present for more than ~1 week

valid as comparison only ~ not the specific value but the delta from the last time and the time before



## Testing?

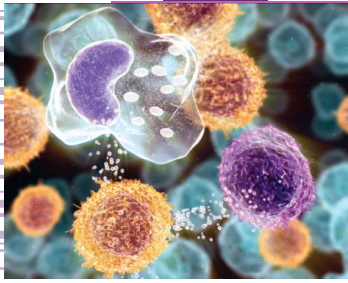
We have

Cross-Reactive Protein

reflects acute stages of inflammation

limited associations with physical performance

is associated with mortality risk



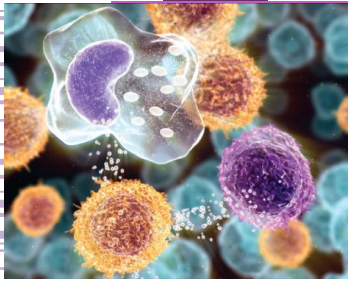
## Testing?

We have

Interleukin 6

controls the transition from acute to chronic inflammation by changing from polymorphonuclear neutrophils to monocyte/macrophages.

exerts stimulatory effects on T- and B-cells, thus favoring chronic inflammatory responses.



## Testing?

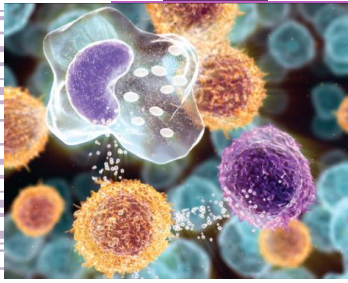
We have

Serum Amyloid

is positively associated with chronic inflammation  
such as Chronic Heart Disease

is lowered with anti-cholesterol medication use





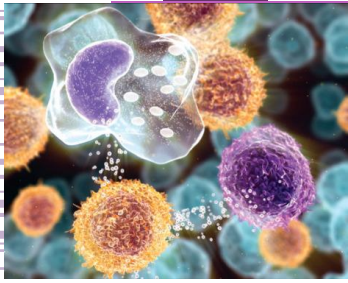
# Testing?

We have

- Individual cytokine release
- Multiplex cytokine profiling
- Superoxide release
- Neutrophil elastase assay
- Cyclic nucleotide accumulation
- Gene expression profiling
- Cytotoxicity assays

BUT expensive and time consuming

ELISAs, Western blots and micro-arrays, real-time PCR, cell cytometry, manual patch clamping and specific activity assays



# Testing?

We will (eventually) have

Soluble adhesion molecules

E-selectin,

P-selectin,

intracellular adhesion molecule-1,

vascular cell adhesion molecule-1

Cytokines

interleukin-1 $\beta$ , -6, -8, and -10

tumor necrosis factor- $\alpha$